

LIVING AS A DISCIPLE OF JESUS

A LIFELONG GUIDE TO FOLLOWING CHRIST

*"Then Jesus said to His disciples,
If any of you wants to be my follower,
you must give up your own way,
take up your cross daily,
and follow Me."*

Luke 9:23 (NLT)

*Every day with Jesus
is another step toward
becoming the disciple
He created you to be.*

WRITTEN BY
CHRISTIE JOHNSON
SERVANT OF GOD



A COMPANION GUIDE TO THE TRANSFORMATION JOURNEY SERIES

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Scripture Notice

Unless otherwise noted, all Scripture quotations are taken from the *Holy Bible, New Living Translation (NLT)*.

Ministry Disclaimer

This resource is intended to provide biblical encouragement, spiritual guidance, testimony, and discipleship rooted in God's Word. It is not intended to replace pastoral care, professional counseling, legal advice, or medical or mental health treatment. If you are facing circumstances that require professional assistance, please seek help from qualified professionals while continuing to trust the Lord for His wisdom, comfort, and strength.

A Personal Note

My prayer is that every page of this resource points you to Jesus Christ. My story is only a testimony of God's grace and transforming power. Any wisdom shared comes from His Word and His faithful work in my life. May the Holy Spirit use these pages to draw you closer to Christ, strengthen your faith, renew your hope, and continue His transforming work in you.

"Pointing people to the hope, healing, and transformation found in Jesus Christ."

Contact

If this resource has encouraged you and you would like additional Bible studies, discipleship resources, or prayer, I would be honored to hear from you.

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Table of Contents

Welcome and Invitation.....	1
Looking Back on Your Transformation Journey.....	2
How to Use This Guide.....	3
Why This Guide Matters	4
Characteristics of a Disciple.....	5
Love God Above Everything Else.....	6
Love Others as Jesus Loves	6
Abide in Christ.....	7
Obey His Word.....	7
Deny Yourself and Follow Him Daily.....	8
Bear Spiritual Fruit.....	8
Humbly Serve Others.....	9
Walk by Faith.....	9
Live with Humility.....	10
Pursue Holiness.....	10
Persevere Through Trials.....	11
Encourage Other Believers.....	11
Share the Gospel and Make Disciples.....	12
Live with Gratitude.....	12
Continue Growing.....	13
Growing into the Character of Christ.....	13
Final Encouragement.....	14
Prayer for the Reader.....	15
A Personal Word From Me.....	16
My Ministry Preparation and Scope of Mentoring.....	17
Doctoral Preparation.....	18
Areas of Ministry Preparation.....	18
How God Has Prepared Me.....	18
What I Am Qualified to Provide	19
What I Do Not Provide.....	19
Continuing My Preparation.....	20
Who This Mentorship Is For	20

What I Offer.....	21
Mentoring Options.....	22
Foundations.....	22
Growing in Christ.....	22
Disciple Maker	23
Financial Assistance.....	23
My Commitment to You	24
Our Commitment Together.....	24
Confidentiality and Its Limits.....	24
Ready to Begin.....	25
Closing Blessing	26



Living as a Disciple of Jesus

A Lifelong Guide to Following Christ

Theme Scripture

"Then Jesus said to His disciples, 'If any of you wants to be my follower, you must give up your own way, take up your cross daily, and follow Me.'"

Luke 9:23 (NLT)

Written by

Christie Johnson

Servant of God

A Lifelong Companion Guide to the Transformation Journey Series





Welcome and Invitation

Throughout His ministry, Jesus repeatedly extended one invitation:

“Follow Me.”

That invitation was not only for the twelve disciples. Jesus still calls everyone who desires to know Him and walk with Him. Whether you are new to faith, returning after wandering, or longing to grow closer to Christ, you are welcome here.

This guide will help you respond to His call and grow in a daily relationship with Jesus as the Holy Spirit transforms you through God’s Word, prayer, obedience, worship, and fellowship with other believers.

Jesus never promised that following Him would be easy, but He did promise to remain with those who follow Him. Every step of discipleship is taken in His strength, guided by His Spirit, and grounded in His grace.

Within these pages, you will find biblical truth, reflection, prayer, journaling, and encouragement to help you grow in faith. My prayer is that these lessons become truths you live as you learn to trust, obey, and abide in Jesus.

Take your time, pray before each section, read the Scriptures carefully, and ask the Holy Spirit to shape your life through God’s Word. Growth takes time, but God is faithful to complete the work He has begun in you.

Thank you for allowing me to walk alongside you through these pages. It is a privilege and a joy to encourage you as you pursue a deeper relationship with Jesus Christ.

May you grow in your love for God, become rooted in His truth, faithfully follow His leading, and experience the joy of a life devoted to Him.

Jesus is still saying, “Follow Me.”

Will you answer His invitation and continue following Him for the rest of your life?





Looking Back on Your Transformation Journey

If you have completed the **Transformation Journey** series, pause for a moment to thank God for what He has already begun—and continues to do—in your life. Each paper was intentionally designed to help you take another step toward becoming the disciple Jesus calls every believer to be.

You began by discovering that Jesus lovingly invites every person to come to Him just as they are. You then learned what it means to surrender your life completely to Christ, trusting Him as both Savior and Lord.

From there, you invited God to bring healing and restoration to the broken places of your heart. As He healed you, He also revealed your true identity—not defined by your past, your failures, or what others have said about you, but by who you are in Christ.

With a new identity came the invitation to renew your mind through God's Word, replacing lies with truth and allowing the Holy Spirit to transform the way you think.

You then learned how to walk daily with God through Scripture, prayer, worship, obedience, and dependence upon Him. Rather than simply learning about Jesus, you began learning to know Him more deeply by abiding in Him each day.

As your relationship with Christ deepened, you discovered that God created you with purpose. Every believer has gifts, opportunities, and a calling to glorify Him by serving others.

Finally, you embraced Christ's Great Commission—to go, encourage others, share the gospel, and make disciples who will also make disciples.

These eight papers were never intended to be simply read—they were written to be lived. They were written to help lay a biblical foundation for a lifetime of following Jesus Christ. As you continue walking with Him, remember that discipleship is not a destination but a lifelong journey of knowing Him, becoming more like Him, and helping others do the same.



How to Use This Guide

This guide was not designed to be read once and set aside. It was created to be a lifelong companion as you continue growing as a disciple of Jesus Christ.

Move through each characteristic prayerfully, allowing God to reveal both the areas where you are growing and the areas where He is inviting you to mature. Some characteristics may come naturally, while others may challenge you or reveal places where the Holy Spirit desires to continue His transforming work.

As you read each section:

- Begin with prayer, asking the Holy Spirit to teach and guide you.
- Read the Scriptures carefully, allowing God's Word to shape your understanding.
- Reflect honestly on your walk with Christ.
- Complete the journal prompts as an opportunity to record what God is teaching you.
- Pray through the reflection questions, inviting God to strengthen and transform your heart.
- Put what you learn into practice, trusting God to help you live out His truth each day.

Do not feel pressured to complete this guide quickly. Spend as much time as you need in each section. You may return to the same characteristic many times throughout your life as God continues to deepen your faith and shape you into the likeness of Christ.

Remember, this guide is not a checklist for measuring your spiritual success. It is a tool to help you abide in Jesus, grow in your relationship with Him, and faithfully follow wherever He leads.

Approach each page with a humble heart, a teachable spirit, and the expectation that God will continue the good work He has begun in you.



Why This Guide Matters

Transformation is not an event—it is a lifelong journey.

The moment you placed your faith in Jesus Christ, God began a work in your life that will continue until the day you stand before Him (**Philippians 1:6**). While your salvation is secure through faith in Christ alone, your growth as His disciple is a daily process of learning to know Him, trust Him, obey Him, and become more like Him.

That is why this guide exists.

Discipleship is not something we complete or outgrow. Every season of life brings new opportunities to grow in faith, deepen our dependence on God, and reflect the character of Christ more fully. Until the Lord calls us home, He continues to teach, refine, strengthen, and transform us through His Word and the work of the Holy Spirit.

Rather than placing this guide on a shelf after reading it once, return to it often. Prayerfully reflect on these characteristics and ask the Holy Spirit to reveal where He is growing you, where He is strengthening your faith, and where He is inviting you to trust and obey Him more fully.

Some seasons may lead you to focus on abiding in Christ. Others may challenge you to grow in humility, perseverance, forgiveness, courage, or faithful service. Allow God to use this guide as a tool to help you honestly evaluate your walk with Him—not with guilt or condemnation, but with confidence that He is faithfully completing the work He has begun in you.

As you continue following Jesus, remember that discipleship is not measured by accomplishments or spiritual achievements. It is measured by a heart that is continually being transformed into the likeness of Christ and faithfully helping others follow Him as well.



Characteristics of a Disciple

Jesus calls us to walk the path of lifelong discipleship, one faithful step at a time.

This section is designed to become a lifelong guide. Return to it often, prayerfully asking the Holy Spirit to continue shaping these characteristics within you as you grow in your walk with Jesus Christ. Jesus never called us simply to believe certain truths — He called us to become His disciples. As we remain in Him and walk in the power of the Holy Spirit, He continually shapes our hearts to reflect His character. These characteristics are not a checklist to earn God's love; they are the evidence of a life being transformed by His grace.

As you read through each characteristic, prayerfully ask the Lord to show you where He is growing you and where He is inviting you to trust Him more deeply. None of us lives these perfectly, but as we continue abiding in Christ, He faithfully transforms us day by day.

Take time to read each Scripture in your Bible before reading the explanation. Allow God's Word to speak to your heart first, then use the reflections below to help you apply these truths in your daily walk with Jesus.



Love God Above Everything Else

Matthew 22:37–38

What did Jesus teach?

Jesus taught that loving God with all our heart, soul, mind, and strength is the greatest commandment. Every other area of discipleship begins here.

What does this look like in everyday life?

Loving God means making Him the highest priority in our lives. We seek Him before making decisions, trust Him during difficult seasons, worship Him with gratitude, and desire to know Him more through His Word.

Walking as a Disciple Today

Set aside intentional time with Jesus today. Read His Word, pray honestly, and thank Him for His love. Ask Him to help you love Him more than anything else.



Love Others as Jesus Loves

John 13:34–35

What did Jesus teach?

Jesus commanded His followers to love others in the same way He has loved us.

What does this look like in everyday life?

We forgive, encourage, serve, show compassion, extend grace, and speak truth with love. Even when people are difficult, we choose to reflect the love Christ has shown us.

Walking as a Disciple Today

Ask God to place one person on your heart who needs encouragement, forgiveness, kindness, or prayer. Take one practical step to demonstrate Christ's love today.



Abide in Christ

John 15:4-5

What did Jesus teach?

Jesus taught that apart from Him we can do nothing. Lasting spiritual fruit comes from remaining connected to Him.

What does this look like in everyday life?

We regularly spend time with Jesus through Scripture, prayer, worship, obedience, and dependence upon the Holy Spirit. Instead of relying on our own strength, we learn to depend upon His.

Walking as a Disciple Today

Spend at least fifteen quiet minutes with Jesus today. Listen more than you speak and ask Him what He wants to teach you.



Obey His Word

John 14:15

What did Jesus teach?

Jesus taught that those who love Him will obey His commands.

What does this look like in everyday life?

Obedience becomes a joyful response to God's love. We choose God's truth over our feelings, His wisdom over our opinions, and His will over our own desires.

Walking as a Disciple Today

Ask yourself, "Is there one area where God has already shown me what He wants me to do?" Take one step of obedience today.



Deny Yourself and Follow Him Daily

Luke 9:23–24

What did Jesus teach?

Jesus taught that discipleship requires daily surrender and faithfully following Him.

What does this look like in everyday life?

We surrender our pride, selfish ambitions, fears, and personal agendas so Christ can lead our lives.

Walking as a Disciple Today

Begin your morning by praying, "Lord, today I choose Your will instead of my own. Lead me wherever You want me to go."



Bear Spiritual Fruit

Galatians 5:22–23

What did Jesus teach?

As we remain in Christ, the Holy Spirit produces Christlike character within us.

What does this look like in everyday life?

People begin seeing Jesus through our attitudes, words, and actions. Love replaces selfishness. Peace replaces anxiety. Patience replaces frustration. Kindness becomes natural.

Walking as a Disciple Today

Choose one fruit of the Spirit and intentionally practice it today. Ask God to develop that characteristic in your heart.



Humbly Serve Others

Mark 10:45

What did Jesus teach?

Jesus showed that true greatness is found in serving others.

What does this look like in everyday life?

We willingly help others without expecting recognition. We look for opportunities to encourage, support, and bless people simply because Christ has served us.

Walking as a Disciple Today

Look for one unnoticed act of service you can do today without expecting anything in return.



Walk by Faith

2 Corinthians 5:7

What did Jesus teach?

Jesus continually called His followers to trust Him even when they could not see the outcome.

What does this look like in everyday life?

Instead of allowing fear to make our decisions, we trust God's promises and believe He is working even when circumstances are difficult.

Walking as a Disciple Today

Choose one worry you have been carrying and intentionally place it into God's hands through prayer.



Live with Humility

Philippians 2:3–5

What did Jesus teach?

Jesus modeled humility by serving others and putting the Father's will before His own.

What does this look like in everyday life?

We recognize that every blessing, ability, and opportunity comes from God. We seek to glorify Christ instead of ourselves.

Walking as a Disciple Today

Ask God to help you notice the needs of others before your own and look for ways to encourage someone without seeking recognition.



Pursue Holiness

1 Peter 1:15–16

What did Jesus teach?

God calls His people to reflect His holy character.

What does this look like in everyday life?

We desire our thoughts, words, choices, and relationships to honor Christ. Holiness is not perfection—it is a growing desire to become more like Jesus.

Walking as a Disciple Today

Invite the Holy Spirit to reveal one area of your life where He wants to continue transforming you.



Persevere Through Trials

James 1:2–4

What did Jesus teach?

Jesus never promised an easy road, but He promised His presence and peace through every trial.

What does this look like in everyday life?

Rather than giving up during difficult seasons, we continue trusting God's faithfulness, knowing He uses hardships to strengthen our faith.

Walking as a Disciple Today

Whatever challenge you are facing today, bring it honestly before God. Ask Him to help you trust Him one step at a time.



Encourage Other Believers

Hebrews 10:24–25

What did Jesus teach?

Jesus built a community of disciples who strengthened one another.

What does this look like in everyday life?

We pray for one another, worship together, offer encouragement, and help each other remain faithful to Christ.

Walking as a Disciple Today

Reach out to another believer with a note, phone call, text message, or prayer of encouragement.



Share the Gospel and Make Disciples

Matthew 28:19–20

What did Jesus teach?

Jesus commanded every disciple to make disciples.

What does this look like in everyday life?

We point people to Jesus through both our words and our lives. We share our testimony, encourage spiritual growth, and help others learn to follow Christ.

Walking as a Disciple Today

Pray for one person who needs Jesus or encouragement in their faith. Ask God to open a door for you to share His love in a natural and faithful way.



Live with Gratitude

1 Thessalonians 5:16–18

What did Jesus teach?

God calls His people to rejoice always, pray continually, and give thanks in every circumstance because He is always faithful.

What does this look like in everyday life?

Gratitude changes our perspective. Instead of focusing on what we lack, we begin recognizing God's presence, His provision, and His goodness, even during difficult seasons.

Walking as a Disciple Today

Before your day ends, write down three specific things you are thankful to God for. Let gratitude become a daily habit that keeps your heart focused on His faithfulness.



Continue Growing

Philippians 1:6

What did Jesus teach?

God faithfully completes the work He begins in every believer.

What does this look like in everyday life?

Discipleship is a lifelong journey. We never stop learning, growing, repenting, trusting, and becoming more like Jesus until the day we are with Him.

Walking as a Disciple Today

Ask the Lord, "What is one area where You want me to grow next?" Listen for His leading, trust His timing, and take one faithful step forward.



Growing into the Character of Christ

As you reflect on these characteristics, remember that Jesus is not asking you to develop them through your own strength. The Holy Spirit produces Christlike character in you as you remain in Christ and surrender to His work.

Some qualities may grow quickly, while others may require years of patient refinement. Do not become discouraged by the areas in which you still need to mature. Instead, thank God for the growth He has already begun and trust Him to continue shaping you.

These characteristics are not a checklist to complete. They are evidence of a life being transformed by Christ.

The goal of discipleship is not perfection, but steady growth into the likeness of Jesus—one faithful step at a time.





A Final Encouragement

If you have reached this point, thank God—not because you completed a guide, but because you have taken another faithful step in following Jesus Christ. Your desire to know, love, and follow Him is evidence of His work within you.

This is not the end of your journey. There will be victories, difficulties, and seasons when growth feels slow. Do not become discouraged. God often works quietly through daily surrender, obedience, prayer, and dependence upon Him.

Continue abiding in Christ, trusting His Word, and depending upon the Holy Spirit. Jesus will never leave you (Hebrews 13:5). He is always with you (Matthew 28:20), and as your Good Shepherd, He will faithfully lead and guide you (John 10:11, 27–28).

The Savior who called you will walk with you every step of the way.

Keep opening God’s Word.

Keep praying.

Keep worshiping.

Keep trusting.

Keep serving.

Keep loving people.

Keep sharing the hope of Christ.

Keep making disciples.

Above all... keep following Jesus.

One faithful step at a time.

Never lose sight of God’s promise:

“And I am certain that God, who began the good work within you, will continue His work until it is finally finished on the day when Christ Jesus returns.”

—Philippians 1:6 (NLT)

Your greatest opportunities to know Christ, serve Him, and glorify Him may still lie ahead. Remain faithful, humble, teachable, rooted in His Word, dependent upon His Spirit, and close to Jesus.

He is worthy of your whole life.





Prayer for the Reader

Heavenly Father,

Thank You for every person who has walked through this journey with a heart that desires to know You more deeply. Thank You for calling them to Yourself, for saving them through the finished work of Jesus Christ, and for faithfully continuing the good work You have begun within them.

I pray that You would continue transforming their heart into the likeness of Your Son. Deepen their love for Your Word, strengthen their faith, and teach them to walk each day in the power and guidance of the Holy Spirit. Give them wisdom when decisions are difficult, peace when life feels uncertain, courage when You call them to step out in faith, and perseverance when the journey becomes challenging.

Surround them with believers who will encourage them, speak truth into their lives, and help them continue growing as faithful disciples of Jesus Christ. May their lives bear lasting fruit, reflect the love of Christ, and bring glory to Your name in every place You lead them.

Keep them faithful until the day they stand before You. May they hear the words every disciple longs to hear:

"Well done, good and faithful servant." (Matthew 25:23)

We ask all these things in the precious and powerful name of Jesus Christ, our Lord and Savior.

Amen.





A Personal Word From Me

Thank you for allowing me to walk beside you through these pages. It has been both a privilege and a blessing to share what God has been teaching and transforming in my own life. Everything you have read was written with prayer and the sincere hope that it would point you beyond these pages and into a deeper relationship with Jesus Christ.

Remember that none of us walks this journey perfectly. We are all growing, learning, and depending on God's grace each day. My encouragement to you is simple: never stop pursuing Jesus. Stay close to Him, remain faithful to His Word, trust Him through every season, and allow Him to continue transforming your heart. I look forward to the day when we stand together before our Savior, rejoicing in all He has done through lives surrendered to Him.

Until then, keep following Him.

Until we meet again, may God's grace continue to strengthen you each day.

With love in Christ,



**Servant of God
Christie Johnson**

Matthew 28:19-20



My Ministry Preparation and Scope of Mentoring



One of the greatest privileges God has given me is the opportunity to walk alongside others as they grow in their relationship with Jesus Christ. My desire is not simply to share biblical knowledge but to faithfully walk alongside others, encouraging them to grow in Christ through the truth of God's Word, the work of the Holy Spirit, and the support of biblical community.

The mentoring and discipleship I provide is grounded in Scripture, shaped by years of personal ministry experience, and strengthened through formal theological education.

I have earned a **Master of Arts in Christian Ministry** from Liberty University, an accredited seminary through the Association of Theological Schools (ATS). This degree provided advanced preparation in biblical leadership, evangelism, discipleship, theology, teaching Scripture, pastoral ministry, and Christian leadership. My studies emphasized equipping believers to grow in their faith, make disciples, serve the local church, and faithfully apply God's Word to everyday life.





Doctoral Preparation

I am currently pursuing a Doctor of Christian Leadership with an emphasis in Spiritual Formation through Liberty University's John W. Rawlings School of Divinity. This doctoral program is deepening my understanding of the biblical, theological, and practical foundations of spiritual formation and Christian leadership. Through my doctoral studies and ongoing research, I am continuing to deepen my understanding of spiritual growth, discipleship processes, Christian communities, and ministry leadership so that I may better help believers mature into the likeness of Christ through intentional spiritual formation.



Areas of Ministry Preparation

Throughout my education, I have studied topics including:

- Biblical theology and Christian doctrine
- Spiritual formation and discipleship
- Biblical leadership and organizational leadership
- Evangelism and disciple-making
- Church ministry and ministry development
- Facilitation of spiritual growth
- Historical models of Christian formation
- Research methods for ministry and leadership
- Teaching and applying Scripture in practical ministry settings



How God Has Prepared Me

In addition to my academic preparation, God has used my own journey of healing, restoration, suffering, and spiritual transformation to deepen my understanding of His grace and faithfulness. While personal experience never replaces **the authority of God's Word**, God has graciously used my own journey to deepen my compassion, strengthen my faith, and better equip me to encourage others with humility, biblical truth, and the hope that He truly transforms lives through Jesus Christ.



What I Am Qualified to Provide

The mentoring offered through this ministry is biblical discipleship and spiritual mentoring. Together, we will seek to grow through God's Word, prayer, and the work of the Holy Spirit as we pursue faithful discipleship to Jesus Christ. My role is to help individuals:

- Grow in their relationship with Jesus Christ.
- Understand and apply God's Word.
- Develop healthy spiritual disciplines.
- Discover their identity in Christ.
- Grow in spiritual maturity and obedience.
- Receive encouragement, accountability, and prayer.
- Navigate spiritual questions from a biblical worldview.
- Develop a lifelong pattern of following Christ and making disciples.

Everything I teach and encourage is intended to point people back to Scripture, dependence upon the Holy Spirit, and faithful participation in a Bible-believing local church.



What I Do Not Provide

Although my education includes study in pastoral care and biblical ministry, **I am not a licensed mental health counselor, psychologist, psychiatrist, clinical social worker, or medical professional.**

The mentoring I provide is **not** psychotherapy, mental health counseling, psychological treatment, crisis intervention, legal advice, or medical care. I do not diagnose or treat mental health disorders or medical conditions.

If someone is experiencing concerns such as severe depression, suicidal thoughts, trauma requiring clinical treatment, addiction, abuse, or other mental health or medical needs, I strongly encourage them to seek assistance from qualified licensed professionals while continuing to receive spiritual encouragement from their church and Christian community as appropriate.

Biblical discipleship and professional mental health care are not competitors. In many situations they work best together, each serving their own important role.

Continuing My Preparation

I believe learning is a lifelong calling. As the Lord leads, I plan to pursue additional education and training in **biblical counseling** so that I may continue serving people with greater wisdom, biblical faithfulness, and practical ministry skills. My desire is to continually grow as both a disciple of Jesus Christ and a faithful servant who equips others to follow Him.

Above all, my confidence does not rest in degrees or titles but in Jesus Christ, the authority of God's Word, and the work of the Holy Spirit. My education has provided tools for ministry, but Christ alone is the One who changes hearts. My prayer is that every mentoring relationship points people beyond me and into a deeper relationship with Him.

By participating in this mentoring ministry, you acknowledge that you understand this ministry provides biblical discipleship and spiritual mentoring rather than licensed professional counseling or mental health treatment.

Who This Mentoring Is For

These guides were written to help you grow in your relationship with Jesus Christ through personal study, prayer, and faithful application of God's Word. My prayer is that they encourage you to draw nearer to the Lord and continue becoming the disciple He has called you to be.

Yet Jesus never intended His disciples to follow Him in isolation. Throughout His earthly ministry, He called people to walk with Him, learn from Him, and grow together. He gathered the Twelve, taught them, corrected them with love, strengthened their faith, prayed for them, and then sent them to make disciples of others (Matthew 4:19; Mark 3:13–15; John 13:34–35).

The early church continued this same pattern. Believers devoted themselves to God's Word, fellowship, prayer, encouragement, and faithful life together (Acts 2:42–47). Scripture calls us to teach and model godly living across generations (Titus 2:1–8), to entrust God's truth to others who will continue making disciples (2 Timothy 2:2), and to encourage one another toward love and faithful obedience (Hebrews 10:24–25).

Discipleship is not merely learning biblical information. It is walking faithfully with Jesus while walking alongside other believers who pray for one another, offer encouragement, speak truth in love, and help one another remain steadfast. As followers of Christ, we are called to “rejoice with those who rejoice; mourn with those who mourn” (Romans 12:15) and to “carry each other’s burdens” (Galatians 6:2). Whether we are experiencing seasons of growth, healing, grief, uncertainty, struggle, or joyful celebration, God has lovingly given us one another so that we may remain faithful and continue following Jesus together.

If you desire someone to walk beside you as you continue growing in your relationship with Jesus Christ, I would be honored to serve as your discipleship mentor. My role is not to replace your personal relationship with the Lord, your pastor, or the fellowship and spiritual oversight of a Bible-believing local church. Rather, my desire is to come alongside you with biblical encouragement, prayer, accountability, and practical guidance as together we seek to follow Christ more faithfully.

Jesus extends the invitation:

“Come, follow Me.”

— Matthew 4:19

He also reminds us:

“Take My yoke upon you. Let Me teach you, because I am humble and gentle at heart, and you will find rest for your souls.”

— Matthew 11:29 (NLT)

It would be a privilege to walk beside you for a season as together we seek to know Christ more deeply, grow in spiritual maturity, and faithfully live out His Great Commission through the power of the Holy Spirit.

What I Offer

Because each person may be at a different place in their discipleship journey, I offer three mentoring options designed to provide varying levels of biblical guidance, encouragement, accountability, and practical support. Whether you are seeking occasional encouragement, a structured season of discipleship, or more consistent mentoring, each option is centered on God’s Word and the goal of helping you grow as a faithful, mature, and lifelong disciple of Jesus Christ.

Mentoring Options

Because each person may be at a different place in their discipleship journey, I offer three mentoring options. Each option is centered on God's Word and is designed to provide biblical guidance, encouragement, accountability, and practical support as you continue growing in your relationship with Jesus Christ.

Foundations

Foundations is designed for someone who is beginning a more intentional walk with Christ or who desires steady encouragement while establishing a strong biblical foundation. This option provides a supportive place to pray, ask questions, understand Scripture, and begin developing consistent spiritual habits.

This option includes:

- One 45–60-minute meeting each week by Zoom or telephone
- Prayer together
- Opportunities to ask questions about Scripture
- Biblical guidance and encouragement
- Help understanding and applying God's Word
- Basic accountability
- Reasonable email support between scheduled meetings

Growing in Christ

Growing in Christ is for someone who desires a more structured and personalized season of spiritual formation. In addition to the support provided through Foundations, this option offers individualized materials and a focused plan to help you mature in your faith and apply biblical truth to your everyday life.

This option includes:

- Everything offered through Foundations
- Personalized Bible study
- Individual worksheets and reflection exercises
- A personal spiritual-growth plan
- Help developing consistent spiritual disciplines
- Guidance in applying the *Transformation Journey* guides
- More frequent contact and encouragement between meetings

Disciple Maker

Disciple Maker is designed for the believer who desires not only to grow personally but also to become better prepared to encourage, serve, and disciple others. This option provides deeper instruction and practical guidance for developing biblical leadership, sharing the gospel, and faithfully participating in Christ's Great Commission.

This option includes:

- Everything offered through Foundations and Growing in Christ
- Longer or more in-depth mentoring meetings when needed
- Biblical leadership development
- Ministry guidance and preparation
- Evangelism training
- Help identifying and developing your spiritual gifts
- Guidance in encouraging and discipling others
- Support as you prepare to serve Christ faithfully in your church, community, or ministry

Financial Assistance

There is a cost associated with personal discipleship mentoring because each option requires dedicated meeting time, prayer, preparation, communication, and the development of personalized materials. Please contact me directly to discuss the cost and determine which mentoring option would best meet your needs.

I never want financial hardship to prevent someone from asking for spiritual guidance or receiving the discipleship support they need. If you are unable to afford the full cost, please reach out to me so that we can discuss your circumstances and explore what options may be available.

Once the mentoring option and any financial arrangements have been discussed, the next step is for us to understand the commitments that will help create a respectful, faithful, and spiritually fruitful mentoring relationship.



My Commitment to You

If we begin this discipleship journey together, I commit to pray faithfully for you, listen with compassion and respect, teach God’s Word with humility and biblical faithfulness, and encourage your spiritual growth with grace and honesty. I will offer practical guidance and loving accountability while continually pointing you to Jesus Christ—not to myself—as the true source of wisdom, hope, healing, and lasting transformation.



Our Commitment Together

A healthy mentoring relationship requires both of us to participate faithfully. I ask that you come with an open and teachable heart, communicate honestly, respect our scheduled meeting times, and complete any Scripture reading, prayer, reflection, or other steps upon which we agree. Together, we will seek the Lord, depend upon the Holy Spirit, and remember that spiritual maturity develops through an ongoing life of faith, surrender, and obedience rather than through quick or effortless solutions.



Confidentiality and Its Limits

I will treat the personal information you share with care, respect, and reasonable discretion. However, because I am serving as a spiritual mentor and not as a licensed counselor, attorney, or healthcare professional, our conversations are not guaranteed to be legally privileged or confidential. Information may need to be disclosed when required by law, including suspected abuse, neglect, or exploitation of a child, an elderly person, or a person with a disability; when there is a serious and immediate concern that you or another person may be harmed; in response to a valid court order or other lawful requirement; or when disclosure is reasonably necessary to obtain emergency assistance. Whenever circumstances permit, I will speak with you before making such a disclosure and will share only the information reasonably necessary to address the concern.

Ready to Begin

Jesus still extends the same invitation He gave to His first disciples:

“Come, follow Me.” — Matthew 4:19

If you believe the Lord may be leading you into a season of personal discipleship mentoring, I invite you to prayerfully take the next step by contacting me through email.

Email: servantofgodchristie@yahoo.com

Subject line: Mentorship

In your first email, please include your **name, email address**, a brief description of your **relationship with Jesus Christ**, and which mentoring option—**Foundations, Growing in Christ, or Disciple Maker**—you are interested in exploring. If you feel comfortable, you may also share a little about what you are currently experiencing and the kind of spiritual guidance or encouragement you are seeking.

For privacy and appropriate boundaries, our initial communication will take place through email. After we have exchanged a few messages and prayerfully determined that mentoring may be a suitable next step, we can exchange telephone numbers and arrange a time to speak. If your situation is especially urgent and you do not feel able to wait up to one week before speaking personally, please let me know in your email. I will prayerfully consider the most appropriate way to respond.

I check my email several times each day and will respond as promptly as possible. Please understand that I may not always be able to respond immediately, and email should not be used for an emergency or a situation requiring urgent professional assistance. Reaching out does not obligate you to begin mentoring; it simply opens the door for us to communicate, ask questions, and prayerfully consider the next step together.



Closing Blessing

May the Lord guide you with wisdom, strengthen you through His Word, and draw you into a deeper and more faithful relationship with Jesus Christ. May the Holy Spirit continue shaping your heart, directing your steps, and preparing you to live as the disciple Christ has called you to be. Wherever the Lord leads you next, may you walk forward with faith, knowing that He is with you and will faithfully complete the work He has begun in you.

Walking beside you as we follow Jesus,

Christie Johnson

Servant of God

servantofgodchristie@yahoo.com

www.servantofgodchristie.com

Ministry Scripture: Matthew 28:19–20

“And be sure of this: I am with you always, even to the end of the age.”

— Matthew 28:20b (NLT)

