

YOUR TRANSFORMATIONAL JOURNEY

Begin your Journey

“But to all who believed him and accepted him, he gave the right to become children of God.”

JOHN 1:12 (NLT)

Discover Your Identity in Christ—

Learn who you are
because of the gospel.



Written by--

Christie Johnson, Servant of God

Note: If this is your first paper in the **Your Transformation Journey** series, please begin by reading the **Series Introduction**. It explains how to use these studies, includes important ministry information and disclaimers, and provides an overview of the complete transformation journey.

If you are reading this paper as a stand-alone study, you may continue here and refer to the **Series Introduction** whenever you have questions about the ministry, copyright, Scripture quotations, or how these studies are designed to work together.

Throughout these studies, you will also find memory Scriptures, reflection questions, journal prompts, weekly challenges, and occasional worship song recommendations. For a more complete collection of worship music organized by spiritual themes and stages of the Transformation Journey, please visit the **Ministry Library** on my website. My prayer is that these resources will encourage you to spend time in God's Word, draw you into worship, and strengthen your daily walk with Jesus Christ.



Main Theme

Discover Your Identity in Christ

Learning Who God Says You Are Instead of Living by Fear, Shame, or Rejection

Theme Scripture

2 Corinthians 5:17-18 (NLT)

"This means that anyone who belongs to Christ has become a new person. The old life is gone; a new life has begun! And all of this is a gift from God, who brought us back to himself through Christ."

This is the perfect foundation because it declares the central truth of this lesson: our identity changes because we belong to Christ. We are no longer defined by our past, our failures, or the labels placed upon us by others. Through faith in Jesus Christ, God makes us new and brings us back to Himself as a gift of His grace.

Supporting Scriptures

Romans 8:13b–17

"...But if through the power of the Spirit you put to death the deeds of your sinful nature, you will live. For all who are led by the Spirit of God are children of God. So, you have not received a spirit that makes you fearful slaves. Instead, you received God's Spirit when he adopted you as his own children. Now we call him, "Abba, Father," For his Spirit joins with our spirit to affirm that we are God's children. And

since we are his children, we are his heirs. In fact, together with Christ we are heirs of God's glory. But if we are to share his glory, we must also share his suffering.

Ephesians 1:3–8

“All praise to God, the Father of our Lord Jesus Christ, who has blessed us with every spiritual blessing in the heavenly realms because we are united with Christ. Even before he made the world, God loved us and chose us in Christ to be holy and without fault in his eyes. God decided in advance to adopt us into his own family by bringing us to himself through Jesus Christ. This is what he wanted to do, and it gave him great pleasure. So, we praise God for the glorious grace he has poured out on us who belong to his dear Son. He is so rich in kindness and grace that he purchased our freedom with the blood of his Son and forgave our sins. He has showered his kindness on us, along with all wisdom and understanding.”



Why These Scriptures?

These passages work together to reveal the beautiful truth of who we are because of Jesus Christ. **2 Corinthians 5:17–18** declares that through Christ we are made new and reconciled to God—not because of anything we have done, but because of His gracious gift. **Romans 8:13b–17** reminds us that the Holy Spirit not only transforms the way we live but also assures us that we are God's beloved children, freeing us from fear and inviting us into a close relationship with our Heavenly Father. **Ephesians 1:3–8** reaches back even further, revealing that before the foundation of the world, God loved us, chose us, adopted us into His family, redeemed us through the blood of Christ, and poured out His grace upon us. Together, these Scriptures reveal that our identity is not rooted in our past, our failures, our fears, or the opinions of others, but in God's eternal love and His finished work through Jesus Christ. As we learn to believe these truths, the Holy Spirit continues to transform our hearts and teach us to live confidently as the sons and daughters of God.



Welcome and Encouragement

Welcome back to your **Transformation Journey**. If you have walked through the first three studies, you have discovered that **Jesus welcomes you just as you are, calls you to surrender your life to Him, and lovingly begins the work of healing and restoration.** Now, God invites you to take another important step—discovering your identity in Christ.

Many believers know they have been saved by God's grace yet still struggle to see themselves the way God sees them. **Fear, shame, rejection, guilt, failure, and the opinions of others often become louder than God's truth.** Even after coming to faith in **Jesus Christ**, we can continue believing old lies instead of embracing the new life He has given us. But God never intended His children to live bound by the past. Through **Jesus Christ**,

He calls us to walk in the freedom of knowing who we truly are as His beloved sons and daughters.

Throughout this study, we will discover what **God's Word** teaches about **our identity, why it matters in our everyday lives, and how the Holy Spirit continually transforms us as we learn to believe God's truth.** As we renew our minds with **His Word**, we begin to see ourselves not through the lens of our past, but through the finished **work of Jesus Christ**. This is part of God's ongoing work of making us more like His Son (**Romans; Ephesians; Colossians**).

Beginning with this study, I have also added a new section called **My Journey with Jesus**. I believe it is important for us not only to study what God did in the lives of people throughout Scripture but also to recognize that He is still at work in the lives of His people today. In this section, we will connect the unchanging truths of **God's Word** with real-life testimony, showing how the same God who transformed lives throughout the **Bible** continues to transform lives today.

This approach follows the pattern we see throughout Scripture. Jesus often taught eternal truths by connecting **God's Word** with the everyday lives of the people before Him through parables, personal encounters, and invitations to faith. Likewise, the apostle Paul regularly pointed believers to God's work in Christ while sharing how God's grace was transforming his own life, always directing attention back to the Lord rather than to himself (**Galatians; Philippians; 1 Timothy**). Their example reminds us that biblical truth is not merely something to know—it is something to live.

My prayer is that as you journey through these pages, you will see a beautiful connection:

God worked then, God is still working today, and He desires to work in your life as well.

The God who called, redeemed, restored, and transformed people throughout Scripture has not changed. His love is the same. His grace is the same. His promises are the same. And the Holy Spirit is still faithfully transforming all who place their trust in Jesus Christ.

No matter where you find yourself today, remember this wonderful truth: **your story is not finished because God is not finished with you.** As you open your heart to His Word and allow Him to reveal who you are in Christ, may you discover the freedom, confidence, and hope that come from believing what God says about you instead of the voices of fear, shame, or rejection.



A Prayer Before You Begin

Heavenly Father,

As I begin this study, I ask You to quiet every voice that speaks fear, shame, rejection, or condemnation over my life. Open my heart and my mind to receive the truth of Your Word. Help me lay aside the lies I have believed about myself and replace them with what You say is true because of Jesus Christ. Holy Spirit, be my Teacher as I read. Give me understanding, conviction, and the faith to believe Your promises. Help me see myself through Your eyes—not through my past, my failures, my feelings, or the opinions of others, but through the finished work of Jesus Christ.

Thank You for loving me, choosing me, redeeming me, and calling me Your child. As I continue this journey, transform my heart and renew my mind so that my identity is firmly rooted in You alone.

In the name of Jesus Christ, I pray.

Amen.



What God's Word Teaches

One of the greatest questions every person asks whether they realize it or not is, "**Who am I?**" The answer to that question shapes the way we think, the choices we make, the relationships we build, and even how we see God. Our world constantly tells us that our identity is found in our appearance, accomplishments, social status, possessions, past experiences, failures, feelings, or the opinions of others. When we believe these voices, fear, shame, rejection, guilt, and insecurity can begin to define us instead of the truth.

God's Word gives us a completely different answer—one that is rooted in God's eternal truth rather than the changing opinions of the world.

From the very beginning, God has desired for His people to know that their identity is found in Him. Through **Jesus Christ**, we are no longer defined by who we once were or by what has happened to us. **We are defined by who God says we are.** The apostle Peter beautifully reminds believers of this truth: *(1 Peter 2: 9-10)*

But you are not like that, for you are a chosen people. You are royal priests, a holy nation, God's very own possession. As a result, you can show others the goodness of God, for he called you out of the darkness into his wonderful light. Once you had no identity as a people; now you are God's people. Once you received no mercy; now you have received God's mercy.

This truth is at the very heart of the gospel. **God does not simply forgive our sins**—He makes us new. Through the death and resurrection of Jesus Christ, we are reconciled to God, adopted into His family, redeemed by His grace, and given a new life. We are no longer spiritual orphans searching for acceptance because, in Christ, we have become sons and daughters of our Heavenly Father. **(2 Corinthians; Romans 8; Ephesians 1)**

Throughout his letters, the apostle Paul continually reminded believers to live according to this new identity. He understood that lasting transformation begins with believing what God says is true. Paul taught that our old way of life has been crucified with Christ, that we have been raised to walk in newness of life, and that our lives are now hidden with Christ in God. Paul summarizes this new identity beautifully when he writes:

Galatians 2:20

My old self has been crucified with Christ. It is no longer I who live, but Christ lives in me. So, I live in this earthly body by trusting in the Son of God, who loved me and gave himself for me.

Rather than allowing the patterns of this world to shape our thinking, we are called to be transformed by the renewing of our minds so that our lives increasingly reflect the character of Jesus Christ. **(Romans 6; Romans 12; Galatians 2; Colossians 3)**

As I have continued walking with the Lord and studying His Word, I have come to realize that one of Satan's greatest strategies is to keep believers believing old lies even after they have become new creations in Christ. Jesus reveals that the enemy comes only to steal, kill, and destroy, but Christ came so that we may have life in all its fullness **(John 10:10)**. The enemy whispers that we are still condemned, still rejected, still unworthy, or still defined by our past. Yet God's Word speaks a better and eternal truth. **God declares that we are forgiven, loved, accepted, chosen, redeemed, and secure in Christ.** Because these truths come from God Himself, they remain true even when our feelings struggle to believe them. His truth is unchanging, regardless of what our emotions or circumstances may tell us **(Romans 8; Ephesians 1; Colossians 2)**.

Knowing these truths, however, is only the beginning. God has not left us to figure this out on our own. The **Holy Spirit** lives within every believer to teach us God's truth, remind us of the words of Christ, renew our minds, strengthen our faith, and gradually transform us into the likeness of Jesus. As we daily spend time in God's Word, pray, surrender to His leading, and remain connected to Christ, **the Holy Spirit faithfully replaces lies with truth and teaches us to live out the identity God** has already given us. Spiritual transformation is not about striving to become someone different through our own effort; it is about learning to live from the new identity we have already received through Jesus Christ. (**John 14; John 16; Romans 8; 2 Corinthians 3; Galatians 5; Philippians 2; John 15**)

This is why my ministry is centered on pointing broken, hurting, and spiritually weary people to the truth, healing, hope, and restoration found in Jesus Christ. True and lasting transformation does not begin by trying harder or becoming a better version of ourselves—it begins with Jesus Christ.

It begins by believing God, trusting His Word above every other voice, and allowing the Holy Spirit to shape our hearts into the image of Christ.

The more we understand who God says we are, the more confidently we can live for His glory and walk in the freedom He has given us.

The greatest battle many believers face is not whether God speaks the truth—it is whether they will believe that His truth is true about them. The moment we begin believing what God says instead of what fear, shame, rejection, or our past says, we begin walking in the freedom that Christ has already won for us.



Why This Matters

What we believe about our identity shapes the way we live. If we believe we are defined by our past, our failures, our fears, or the opinions of others, those beliefs will influence our thoughts, choices, relationships, and even the way we view God. But when we believe what God says about us, our lives begin to reflect the freedom, confidence, and hope that are found in Jesus Christ.

God never intended His children to live as though they were still bound by shame, rejection, guilt, or fear. Through Jesus Christ, He has given us a new identity and calls us to live according to that new reality rather than our old way of life. As we renew our minds with His Word, we begin to think differently, respond differently, and walk in greater obedience because our confidence is rooted in God's truth instead of changing circumstances. (**Romans 12; Ephesians 4; Colossians 3**)

Understanding our identity in Christ also changes the way we relate to God. We no longer approach Him as strangers trying to earn His acceptance, but as His beloved children who have been adopted into His family through Jesus Christ. Because we know we are loved, forgiven, chosen, and secure in Him, we are free to draw near with confidence, trusting our Heavenly Father to lead, strengthen, and transform us.

(Romans 8; Hebrews 4; Ephesians 1)

Living from our identity in Christ also changes the way we see others. As we grow in the love and grace God has shown us, we become more willing to extend that same love, forgiveness, compassion, and encouragement to those around us. Our identity is no longer centered on ourselves but on reflecting the character of Jesus Christ and bringing glory to God in every area of our lives. **(John 13; Colossians 3; Ephesians 5)**

Understanding who God says we are does not mean we will never struggle again. It means we now have an unchanging foundation to stand on when those struggles come. God's truth remains constant even when our feelings fluctuate. The more we learn to believe His Word, the more our lives are transformed from the inside out, and the more clearly, we reflect the hope, peace, and love of Jesus Christ to a world searching for its identity.

This is why discovering your identity in Christ is so important. It is not simply about feeling better about yourself—it is about believing God, living according to His truth, and becoming the person He created and redeemed you to be.



My Journey with Jesus

God's Faithfulness Today

"If God did it back then, and He is doing it today for Christie, then He will do it for me."

One of the reasons I added this section is because I believe God's Word is not only something we study—it is something we are called to live every day. Throughout Scripture, we see God transforming ordinary people by His grace, and that same transforming work continues today. The God who called Abraham, restored David, redeemed Peter, and transformed Paul has not changed. He is still calling, restoring, redeeming, and transforming hearts through Jesus Christ.

The apostle Paul understood what it meant to receive a completely new identity. Once he encountered Jesus Christ, he no longer viewed himself according to who he had been but according to who Christ had made him to be. His confidence was no longer found in his accomplishments, his past, or his reputation, but in his relationship with Jesus

Christ. Paul repeatedly encouraged believers to put off the old way of life, renew their minds, and live according to the new identity they had received through Christ.

(Galatians 2; Philippians 3; Ephesians 4; Colossians 3.)

As I have walked with Jesus, I have discovered that knowing these truths and believing them are not always the same. For many years, I struggled with fear, shame, and rejection. Although I knew what God's Word said, there were times when I found it difficult to believe those promises were true for me. The old lies seemed louder than God's truth, and I often viewed myself through my failures instead of through God's grace. Even though I belonged to Christ, there were days when I still saw myself through the lens of fear, shame, and rejection instead of through the love and grace of my Heavenly Father.

Yet God never became impatient with me.

Instead, He faithfully continued drawing me back to His Word. He never asked me to pretend the struggle wasn't real. Instead, He patiently taught me to bring every fear, every doubt, and every lie into the light of His truth. Day after day, through prayer, Scripture, and the quiet work of the Holy Spirit, He began teaching me to replace the lies I had believed with His truth. He reminded me that my identity was not rooted in my past but in Jesus Christ. He patiently taught me that I am His child, loved by Him, redeemed by His grace, and chosen for His purposes. This transformation did not happen overnight. It has been, and continues to be, a journey of learning to trust what God says more than what my feelings tell me.

Jesus often met people exactly where they were, but He never left them where they were. He spoke truth in love, offered grace to the broken, restored those who had been rejected, and invited them to follow Him into a new way of living. That same invitation is still extended to us today. He meets us in our struggles, speaks His truth into our hearts, and patiently transforms us as we walk with Him. *(John 8; Luke 19; John 21.)*

Perhaps you are carrying some of the same struggles I once carried. Maybe fear, shame, rejection, or regret has shaped how you see yourself. If so, I want to encourage you with this truth: the same God who transformed lives throughout Scripture is still transforming lives today.

He is patiently working in me, and He is able to do the same work in you.

As you continue believing His Word, surrendering to His Spirit, and walking with Jesus each day, you will discover that your identity is not determined by your past but by the One who calls you His own.

My prayer is that as you continue this journey, you will begin to see yourself through God's eyes rather than through your own. The God who began a good work in you is

faithful, and He will continue transforming your heart as you learn to trust His truth one day at a time. Just as He has faithfully done throughout all of Scripture, He will faithfully do in your life as you continue trusting Him.



Worship and Reflection

Take your time with this playlist. Don't feel like you need to listen to every song in one sitting. Instead, prayerfully choose one or two songs each day, read the accompanying Scriptures, and ask the Holy Spirit to help you meditate on God's truth. My prayer is that worship and God's Word together will deepen your relationship with Jesus Christ and strengthen your confidence in who He says you are.

Why These Songs?

As you continue this journey of discovering your identity in Christ, I encourage you to spend time worshipping as well as studying God's Word. Worship music cannot replace Scripture, but it can help direct our hearts and minds back to the truths God has spoken. Each of these songs reflects biblical themes found throughout this study and has encouraged me as God has continued teaching me to believe His truth over fear, shame, rejection, and the lies of the enemy.

As you listen, keep your Bible nearby. Read the accompanying Scriptures, ask the Holy Spirit to speak to your heart, and allow God's Word—not your feelings—to shape your understanding of who you are in Christ.

Listening Journey

1. Come As You Are — Crowder

Theme: Jesus lovingly invites us to come to Him just as we are, without pretending or trying to earn His acceptance.

Scripture: Matthew 11; John 6; Romans 5.

What God wants you to know: You never have to clean yourself up before coming to Jesus. His grace welcomes you, and His love begins the work of transformation.

2. Trust in God — Elevation Worship

Theme: Learning to place complete confidence in God's character and faithfulness.

Scripture: Proverbs 3; Psalm 56; Isaiah 26.

What God wants you to know: Even when your emotions struggle, God remains faithful and worthy of your trust.

3. Spirit Lead Me — Influence Music

Theme: Depending on the Holy Spirit instead of your own understanding.

Scripture: Romans 8; Galatians 5; John 16.

What God wants you to know: You are not walking this journey alone. The Holy Spirit faithfully leads, teaches, and transforms every believer who follows Him.

4. You Say — Lauren Daigle

Theme: Choosing to believe what God says instead of the voices of insecurity and fear.

Scripture: Romans 8; Ephesians 1; 2 Corinthians 5.

What God wants you to know: Your identity is established by God's truth, not by your feelings or the opinions of others.

5. The Truth — Megan Woods

Theme: Replacing lies with the truth of God's Word.

Scripture: John 8; Romans 12; Colossians 3.

What God wants you to know: God's truth has the power to break the lies that have shaped your thinking and set you free to live as His child.

6. Who You Say I Am — Hillsong Worship

Theme: Embracing your identity as a beloved child of God.

Scripture: Romans 8; 1 Peter 2; Ephesians 1.

What God wants you to know: Because of Jesus Christ, you are accepted, chosen, loved, and part of God's family.

7. No Longer Slaves — Bethel Music

Theme: Freedom from fear through God's love.

Scripture: Romans 8; 2 Timothy 1; Psalm 27.

What God wants you to know: Fear no longer has authority over your life because you belong to your Heavenly Father.

8. Jireh — Elevation Worship & Maverick City Music

Theme: Resting in God's faithful provision and care.

Scripture: Genesis 22; Matthew 6; Philippians 4.

What God wants you to know: God knows your needs, sees your heart, and faithfully provides exactly what you need as you trust Him.

9. God's Not Done With You — Tauren Wells

Theme: God's transforming work continues throughout our lives.

Scripture: Philippians 1; Romans 8; 2 Corinthians 3.

What God wants you to know: Your present struggles are not the end of your story. God is faithfully completing the work He has begun in you.

10. Unashamed — Matthew West

Theme: Living confidently for Christ without shame or fear.

Scripture: Romans 1; 2 Timothy 1; Matthew 5.

What God wants you to know: Your identity in Christ gives you the courage to live openly for Him and reflect His love to the world.

11. I Speak Jesus — Charity Gayle

Theme: Proclaiming the power, hope, and authority of Jesus Christ over every area of life.

Scripture: Acts 4; Philippians 2; Colossians 1.

What God wants you to know: The name of Jesus brings hope, peace, strength, and victory because He is Lord over every circumstance.

12. What an Awesome God — Phil Wickham

Theme: Worshiping God for who He is—holy, faithful, powerful, and worthy of all praise.

Scripture: Psalm 145; Isaiah 6; Revelation 4.

What God wants you to know: As you discover who you are in Christ, never lose sight of who God is. Your identity finds its greatest purpose in knowing, loving, worshiping, and glorifying Him.

13. I Pray — Xania Monet

Theme: A heartfelt prayer of blessing, hope, and encouragement for those who are still walking through difficult seasons.

Scripture: Ephesians 3; Numbers 6; Jude 24–25.

What God wants you to know: My prayer for you is that you will continue experiencing God's love, truth, healing, and faithfulness as you grow into the person, He created you to be. May you always remember that your identity is secure in Jesus Christ, and may the Holy Spirit continue transforming your heart one day at a time.



Signs You May Be Here

Please take a moment and prayerfully reflect on the statements below.

As you read through them, **ask the Holy Spirit to honestly reveal any areas** where you may be believing something about yourself that does not agree with God's Word. This is not about condemnation or guilt. It is about allowing God's truth to replace the lies that may have shaped your thinking for years.

You may be in this season if you...

- Struggle to believe that God truly loves you. **(Romans 8:38–39)**
- Define yourself by your past instead of what Christ has done for you. **(2 Corinthians 5:17)**
- Feel unworthy of God's grace or forgiveness. **(Ephesians 1:7–8)**
- Constantly compare yourself to others or seek their approval. **(Galatians 1:10)**
- Believe fear, shame, or rejection have become your identity. **(Romans 8:15–17)**
- Feel like you must earn God's acceptance through your performance. **(Ephesians 2:8–10)**
- Struggle to believe that God has a purpose for your life. **(Ephesians 2:10)**

- Find it easier to believe the lies of your past than the promises of God's Word. **(John 8:31–32)**

No matter how many of these statements describe your life today, there is hope. God is not asking you to fix yourself before coming to Him. He is inviting you to discover the truth of who you already are because of Jesus Christ.

Are you ready to let God replace the lies you have believed with the life-giving truth of His Word? If so, begin by anchoring your heart in what God says about you.

Biblical Truths to Remember

The battle for your identity is won one truth at a time.

God's Word is your anchor when your emotions, circumstances, or past try to convince you otherwise. Read these Scriptures slowly. Write them down. Memorize them. Pray through them. Ask the Holy Spirit to help you believe them, not simply understand them. As these truths take root in your heart, they will begin to shape the way you think, live, and see yourself.

God's Truth About Who You Are in Christ

- I am a new creation. **(2 Corinthians 5:17)**
- I am a child of God. **(Romans 8:15–17)**
- I am chosen and dearly loved. **(Ephesians 1:4–5)**
- I am forgiven and redeemed through Jesus Christ. **(Ephesians 1:7)**
- I belong to God. **(1 Peter 2:9–10)**
- I have been set free from condemnation. **(Romans 8:1)**
- I am God's workmanship, created for His purposes. **(Ephesians 2:10)**
- Nothing can separate me from God's love. **(Romans 8:38–39)**

As God has continued transforming my own life, I have found myself returning to these truths again and again. There have been days when my feelings told me one thing, but God's Word reminded me of something far greater. Little by little, the Holy Spirit has used these Scriptures to replace fear with faith, shame with grace, and rejection with the confidence that I belong to Jesus Christ.

My prayer is that these same truths will become anchors for your own journey. Return to them often, meditate on them daily, and allow the Holy Spirit to write them upon your heart until you begin to see yourself through God's eyes instead of your own.



Reflection Questions

Take a few quiet moments with the Lord before answering these questions. Ask the Holy Spirit to search your heart and reveal anything that is keeping you from fully believing what God says about you. There are no right or wrong answers. This is simply an opportunity to honestly meet with God and allow His truth to continue transforming your heart.

1. What voices have most influenced the way I see myself, and how do they compare with what God says about me? (Romans 12:2)
2. Which truth about my identity in Christ is the most difficult for me to believe today, and why? (2 Corinthians 5:17; Ephesians 1:4–7)
3. Are there areas of fear, shame, rejection, or guilt that I need to surrender to Jesus so He can replace them with His truth? (Romans 8:15–17; John 8:31–32)
4. How is the Holy Spirit inviting me to renew my mind and begin living more confidently as a child of God? (John 14:26; Romans 8:14–17)
5. What is one step of faith I can take this week to live according to who God says I am rather than what my feelings or my past says about me? (Colossians 3:1–17; Galatians 2:20)



A Prayer of Thanksgiving

Heavenly Father,

Thank You for loving me before I ever understood Your love. Thank You for making me a new creation through Jesus Christ, adopting me into Your family, forgiving my sins, and calling me Your child. Thank You for Your patience as You continue renewing my mind and teaching me to believe Your truth instead of the lies of my past. May my life always bring honor and glory to You.

In the name of Jesus Christ, I pray.

Amen.

My Prayer for You

Heavenly Father,

I lift up every person reading this study today. Help them know, deep within their hearts, that their identity is secure in Jesus Christ alone. Replace every lie with Your truth, every fear with Your peace, every shame with Your grace, and every feeling of rejection with the assurance of Your unfailing love. Continue transforming them through the power of Your Holy Spirit and help them walk each day with confidence as

Your beloved sons and daughters. May they never forget that the God who began a good work in them will be faithful to complete it.

In the precious name of Jesus Christ,

Amen.

Journal Prompt

Spend a few quiet moments with the Lord and reflect on these questions:

- Lord, what lie about my identity do You want me to surrender to You today?
- Which truth from Your Word do You want me to begin believing and living this week?

This Week's Challenge

Each morning this week, choose **one Scripture** about your identity in Christ. Read it aloud, thank God for that truth, and ask the Holy Spirit to help you believe it throughout the day. Whenever fear, shame, rejection, or doubt tries to speak, intentionally replace those thoughts by speaking God's truth back to your heart.

Memory Verse

Romans 12:2

Don't copy the behavior and customs of this world but let God transform you into the new person by changing the way you think. Then you will learn to know God's will for you, which is good and pleasing and perfect.

Why This Memory Verse?

Romans 12:2 reminds us that lasting transformation begins when we allow God to change the way we think. As we fill our minds with His Word instead of the messages of the world, the Holy Spirit gradually replaces lies with truth, renews our hearts, and teaches us to live according to who God says we are. This verse is a powerful reminder that true transformation begins from the inside out.

Worship While You Memorize

As you meditate on this verse throughout the week, you may find these songs helpful as they reinforce the biblical truth of renewing your mind and believing who God says you are.

- "The Truth" Megan Woods
- "You Say" Lauren Daigle

Listen prayerfully, reflect on God's Word, and ask the Holy Spirit to help you hide this Scripture in your heart so that His truth becomes the foundation of your thoughts, your identity, and your daily walk with Jesus Christ.

Looking Ahead

Now that you have begun discovering who God says you are in Christ, the next step is learning to think according to that truth every day. Lasting transformation happens as God renews our minds through His Word, replacing old patterns of fear, shame, rejection, and deception with His life-giving truth. In our next study, **Renew Your Mind**, we will explore how the Holy Spirit transforms the way we think so that our lives increasingly reflect the character of Jesus Christ.

Closing Blessing

May the Lord continue opening your heart to the incredible truth of who you are in Jesus Christ. May He strengthen your faith, renew your mind through His Word, and help you walk each day with confidence as His beloved child. When old lies try to return, may the Holy Spirit faithfully remind you of God's unchanging truth and lead you to rest in His love and grace.

Remember, your identity is not determined by your past, your feelings, or the opinions of others. Your identity is found in Jesus Christ. May the God who began this good work in you continue transforming your heart until the day you stand complete in His presence.

May His peace guard your heart, His truth **guides** your steps, and His love fill your life as you continue your Transformation Journey with Jesus Christ.

May you leave these pages believing one unchanging truth: the God who transformed lives throughout Scripture is still transforming lives today. He is faithfully working in me, He is faithfully working in you, and He will continue His good work until the day we stand complete in Jesus Christ.

Prayerfully prepared by

Christie Johnson

Christie Johnson

Servant of God

"Pointing people to the hope, healing, and transformation found in Jesus Christ."